



# Speak Up, Epping! Newsletter

Volume 10, Issue 6

Epping, New Hampshire

November-December, 2017

## About this Newsletter

*This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at [www.speakupepping.com](http://www.speakupepping.com)*

## Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: [www.speakupepping.com](http://www.speakupepping.com). Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

## End 68 Hours of Hunger - Epping



Did you know End 68 Hours of Hunger - Epping feeds about 40+ kids a week in Epping Elementary, Middle and High schools? Please help us keep our program going by donating food to our drop boxes at Harvey-Mitchell Memorial Library and Bodywise Physical Therapy. You can also email us at: [epppingnh@end68hoursofhunger.org](mailto:epppingnh@end68hoursofhunger.org).

**A class was recently asked by a teacher what they would do if they had \$100. One child wrote, "If I had \$100, I would give it to my mother to buy food for us."**

End 68 hours of Hunger is a private, non-profit organization whose mission is to eliminate the 68 hours of hunger that some local school children on the free and reduced lunch program here in Epping experience between the free lunch they receive in school on Friday afternoon, and the free breakfast they receive in school on Monday morning.

The food in each bag costs approximately \$10. Is this a lot of money? Some might think so. But without their weekend backpacks, these children will go hungry for 68 hours each week.

### How can you help?

You can get involved by making a cash donation or donating some food items we have on our list. These are the types of foods we would like donated:

- Peanut Butter – 18 oz plastic
- Jelly – 20 oz squeezable containers
- Mayonnaise – 12 oz squeezable containers
- Canned Pasta – Beefaroni, Ravioli, Spaghetti
- Canned spaghetti and meatballs
- Canned Soup – 12-20 oz size
- Macaroni and Cheese – Boxes not cups
- Canned fruit – 3-4 serving size
- Granola Bars/Nutrition Bars
- Cereal – Boxes or bags of 5-8 servings
- Tuna or Chicken – 10 oz or smaller cans
- Instant Oatmeal
- Swiss Miss Cocoa Mix

We want to give a big THANK YOU to everyone who came out to our Touch the Trucks event in September to support the End 68 Hours of Hunger - Epping program! We are so grateful for all of you who attended and the numerous businesses who participated to bring this amazing event together! We could not run our program without the

generosity of our community. The following is a list of businesses we'd like to express our gratitude to:

- Epping PD
- Epping Ambulance, Adinara Challinor
- Rockingham County Sheriff's Office- High Sheriff Michael Hureau, & Major Darin Melanson
- New Hampshire State Police, Sargent Sara Hennessey & Lieutenant John Hennessey
- Epping Town, Dennis & Dave
- DUI mobile command unit, Sergeant Christopher M. Hutchins
- DeBernardo's Restaurant, Nick DeBernardo
- Checkers Barber shop, Pam Tibbetts
- Highway Trash Car Club
- Coadys Towing & Automotive Repair, Bob Jordan
- Morgan's Towing & Repair, Peggy Sue Morgan
- Coastal Mi-Box, Scott Weiler
- Gatchell Excavation, Paul Gatchell
- J. Messina Excavating/Tree LLC, Jared Messina
- Walmart Epping, James Lawrence
- Hogarth Country Day School
- Rock Your Body
- Music Fantasy Weddings - Professional DJ Service
- Shipyard Waste Solutions
- Al's Automotive & Truck Service Center, Jesse Smith
- Epping High School girls & boys Soccer Teams & Coaches
- Carrisa, Laura & Charles Johnson
- Cigarette Boat - Bob & Heidi Jordan
- April Carroll & Dylan Bilodeau
- Ron Morinteful for all of the donations and help we received during this event - and always!

We also would like to thank Don Jalbert and everyone at the Epping Art Association for giving a portion of the proceeds from their art show to our program! They held a pop-up art show and generously donated 20% of sales to End 68 Hours of Hunger - Epping! You can check out Don's work at <http://donjalbertfineart.com>.

We also owe a big thank you to the Residents' Social Club at Rockingham County Nursing Home for their wonderful donation of book bags and school supplies. Thank you so much for your generosity!!

Lastly, we would like to thank all our behind the scenes volunteers who help us pack and deliver the food each week!

*Karen Poplaski, Jamie Checket, Tasha Morrison  
Coordinators*

## Senior Moments

It seems the LLC really likes getting out of the kitchen because they enjoyed two "together" luncheons recently. One favorite was Johnson's Dairy Bar - real comfort food for the soul. The other was tooooooo much---The Grand Buffet in Manchester offered no comfort food, but it did offer a challenge and that un-comfortable feeling after sampling almost everything. Left out the desserts though, so proteins and carbs eased our conscience a little. Our credit cards are still warm and there are FIVE (5) Thursdays in November. We'll skip the 23<sup>rd</sup> though and be back in the kitchen to enjoy Thanksgiving with our families. Now December is family time and old friends time that keeps everyone busy. Our annual Christmas Party together is our beginning of a happy and loving season.

Now I do not exaggerate when telling you that everyone was so impressed with Coca Cola Ray Dube's Program. He demonstrated, illustrated and educated us with so many facts we did not know and at our age we should know. We take our recyclables to the Transfer Station, right? Done our duty. Now we know where those items go. You might be wearing them, using them, and buying them. His presentation left us in awe to learn that they import at least 75% of plastics needed because we do not recycle enough plastic bottles. This Program should be shown in every school and organization. We have the information, so just call. He's willing to give us a tour of their facility in the spring. Can't wait.

A real "wish you could be there" moment was when Mr. David Shikes (the humorist) entertained us at our September meeting. Can't explain his jokes. They were cleverly designed for us oldies and each punch line was an "ahhhhh, got it." moment. They really hit home but none of us can remember them. We plan to invite him back to our Christmas party and I'll bring a tape recorder.

In November, we'll host the Pharmacist from Walgreens once again. She'll bring us up-to-date on new laws, new drugs and new Medicare concerns for 2018. Yes, we all got our flu shot. Ms. Karen Poplaski from the 68 Hours of Hunger Program will stop in to thank us for the continued support of our generous food donations each month. We seniors ever surprise ourselves with the abundance of food we manage to collect.

It's kind of fun buying for kids again plus it's just one more thing in the shopping cart.

When you read this, we'll have had our date with our special friend, Nicole Bizzero (Recreation Director) at her new home. A house warming and special thank you are in order to show her our appreciation for everything she does to make our Club just that much more enjoyable. We'll bring the food, the laughter and a very special gift. Besides, we'll get to see her new home.

It's time.....HOLIDAYS!!! A time when we grandparents and great-grandparents step to the front of the line. Gifts, baby sitting, baking, wrapping, house cleaning. All the necessary things and we love it. So, bring it on. Remember----- the proper greeting is "MERRY CHRISTMAS. Enjoy every day during the season and keep your motor running because it comes and goes fast. Then you become like us and ask "where did the time go?" Actually we know but can't remember. We'd like to go back to the time when "WAR" was a card game and ice cream was a basic food group. A good resolution is to write it down. Keep a journal. Take pictures. So, when you are 80, you can fool people by telling them what you remember when you were 40.

Want a good feeling during the holidays? Try this - go to the layaway counter and donate a few dollars to the mother in front of you who is buying gifts for her children. It's like giving a Christmas gift to yourself.

HAPPY THANKSGIVING and MERRY CHRISTMAS!

*Submitted by Irene R. Cote, Secretary*

## News From the Town

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).

### Town Hall Closed

**November 10<sup>th</sup> – Veterans Day**

**November 23<sup>rd</sup>-24<sup>th</sup> – Thanksgiving**

**December 8<sup>th</sup> – All departments closed**

**December 25<sup>th</sup> – Christmas**

**January 1<sup>st</sup> – New Year's Day**

### Other Town Dates

**December 3<sup>rd</sup> – Town Tree Lighting and Holiday Party**

**December 17<sup>th</sup> – Santa on the Fire truck**

**December 24<sup>th</sup> and 31<sup>st</sup> – Transfer Station closing early. Hours 9 am-1 pm**

## Decorating the Town Hall Christmas Tree

Usually the Town Hall Staff does something special for Veterans or special patrons for Christmas. This year we are opening it up for anyone who may want to donate too! The Epping Staff is creating a hat and mitten Christmas Tree for homeless Veterans. We will be decorating a Christmas Tree with hats, mittens, gloves and scarfs instead of bulbs, lights and tinsel. All these donations will be delivered to a local homeless veteran's shelter after the holidays for the cold weather. If anyone else wants to help decorate the Christmas Tree, please drop these items off with Joyce in the Selectmen's office.

## In and Around Epping

The board just approved a project that included six duplexes on Fremont Road. They also approved the architectural for the site next to the Shell Station on 125 so hopefully that will be built soon. The Board will be discussing proposed zoning changes in the next few months so be on the lookout for that. And there are a few projects in the works but nothing official yet.

## Cell Phones for Our Troops

### **Donate your old cell phone.**

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

## The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service

men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit [www.peasegreeters.org](http://www.peasegreeters.org).



## Epping Lions Club

"We Serve"

**We Want YOU to Join the Epping Lions Club**

<https://www.facebook.com/EppingsLionsClub>  
[www.epping.nhlions.org](http://www.epping.nhlions.org)

The Epping Lions Club was established in April 2009. We support sight programs and services including vision screenings and eyeglass recycling, and we provide assistance to local families in need of eyeglasses. In July, we turned in 965 pairs of glasses for recycling, collected at several collection boxes around town. We support community programs as well as participate and sponsor some exciting events, such as the Lamprey River Canoe Race, the Highnote Festival and our annual Gas Card raffle. The raffle is a fundraiser that goes towards providing Marshalls gift cards for Christmas to many deserving Epping families.

We are looking for innovative people who desire to become involved in improving our community and having fun doing it. If you're interested in learning more, please visit our website at: [www.epping.nhlions.org](http://www.epping.nhlions.org). Meeting times are posted and are generally the 4<sup>th</sup> Tuesday of the month at 6:30 pm. We currently meet at the Harvey-Mitchell Memorial Library in Epping. With your involvement and ideas we look forward to creating even more special fundraising events. We understand people have busy lives and the Lions Club allows you to volunteer as little or as much as you like. We'd love to see you!

**Colleen Palmer**, *President*

[colleenmariepalmer@hotmail.com](mailto:colleenmariepalmer@hotmail.com)

**Cheryl Denoncour**, *Treasurer*

[cdenoncour@gmail.com](mailto:cdenoncour@gmail.com)

**Deb Brooks**, *Eyeglass Collector*

[lexusreina@comcast.net](mailto:lexusreina@comcast.net)

## Epping Historical Society

Here it is, November already! Are we ready for what is to come? Thanksgiving is such a wonderful holiday, a time for friends and family to reunite, and enjoy the delightful food of the season. Of course, many of our family really look forward to the many football games to enjoy. Then, right around the corner Christmas arrives! I love the Christmas season, both the religious and the commercial side of the holiday. Everyone is so friendly and giving, it is hard to find an unhappy person at this time of year. I only wish the spirit of Christmas could be year round.

Recently a former Epping resident, Elwyn Dearborn, died in Kennebunk Maine. He was born in Epping in 1920 and graduated from Watson Academy in 1938. He served in World War II, and went on to work for the Government at Fort Dix for 40 years, producing shows for our soldiers. He was a very successful writer, producer and director of many plays in New York City. He also owned and operated an Art gallery in Portland Maine. His family has very generously donated several pieces of memorabilia from Elwyn. Included is a wonderful portrait that hangs in a place of honor at the Society. The Epping Historical Society would like to thank Peter and Peg Brewitt for their donations.

How about purchasing a unique gift for your friends and family? It sure will bring back memories, especially if they are living away. We have a wonderful cookbook created by some of the greatest cooks in Epping; "Images of Epping" a book filled with old pictures of Epping, including a brief history of our town written by Cory Blanchard; and don't forget, we also sell memorial bricks for our walkway.

In the month of November, we are having our roof replaced at the Epping Historical Society. This is a much needed repair to our building, and thanks to many generous people, we are able to have the roof replaced before winter.

We had a very interesting visitor from Manchester recently. This man, a retired History teacher in Manchester, is doing research on his family with roots right here in Epping. While looking through his family tree, we pointed out to him a shocking revelation, which inspired him to do more research. He returned two weeks later with additional information, which he shared with us. This inspired me to write a brief story of this family.



Reginald Brooks Locke, was born in Epping in 1851 and died at the age of 15 years. His mother never recovered from his terrible death. She was an invalid, and after his death she developed a mania for attending funerals. They had no other vehicle but a wheelbarrow in which her husband wheeled her to the Church (Congregational, now Community Church). His mother died at the Concord Insane Asylum, burial unknown. His surviving sister married Mark Foss, and lived here in Epping.

The following story is not for the faint of heart!!  
A Shocking Accident at the Mill

The following accident took place at the Norris Mill, located on Mill Street in Epping. This Mill manufactured cording, and they also performed cloth dressing. This story is taken from the Exeter newsletter, word for word.

Brooks Locke, son of James Locke of Epping, met with a terrible death on Saturday July 20, 1867. We gather the particulars from a former resident of the town, which are as follows.

Young Locke entered Norris's Mill to grind an axe, a short time afterward the attention of those in hearing was attracted by the breaking of a window and rushing to the scene they found that the young man had got entangled in the machinery which had literally torn him limb to limb, nothing remaining perfect except his head. The breaking of the window was caused by the striking of the young man's body against it at every revolution of the shaft.

His age was 15 years. His father is a worthy man, and served three years in the Army during the War. By this sad catastrophe the young man's mother is rendered nearly insane, it being her only son.

The shocking revelation the Epping Historical Society provided to his relative was: He was buried in a bushel basket at Central Cemetery.

**I WARNED YOU!!!!**

Come visit us at the Society, there are many stories similar to this, about our past history. The "Good Olde Days" were very harsh and unforgiving. We are open Monday morning, 8:00 to 12:00, or when the flag is flying! If this does not work for you, please call 679-2944 for an appointment or email: [joysgarden@hotmail.com](mailto:joysgarden@hotmail.com).

*Submitted by Joy True, curator, Epping Historical Society*

## Nature Talks

### What's Happenin'?

**Epping Conservation Commission Photo Contest:** Bob and Heidi Jordan took first place with "Corey's Tractor." Go check it out in the library.

*Robert Jordan for Corey's Tractor*



Congratulations also to the runner-up, Dan McCombs.

*Dan McCombs for The Beauty of a Morning Run Through Epping (1) and (2)*



AND thanks to everyone who submitted a photograph! The best news is this: there will be another contest next year with submittal deadline in August or September, but you could start taking pictures right now!

**Intern:** Welcome to Whitman Constantineau, UNH Environmental Studies student. Having grown up in Epping, he is looking to give back by helping the Commission with outreach – specifically social media.

**Monitoring:** Welcome to John Clark, our new volunteer easement monitor! A long-time lover of the woods, he's already walked his first property with compass and camera. He also agreed to head up the Epping Outdoors Monitoring Committee and is looking for others to help monitor Epping conservation properties. Please put a note in the Conservation mailbox at Town Hall if you're interested in joining this group. Thank you, John!

**School Partnership:** Liz Wilson, Conservation Commission, and Alyson Bates, Epping Elementary Science Teacher, have teamed up to get kids outdoors. The three fifth-grade science classes are competing to see which group can develop the best scavenger hunt at Fox Run Park. We hope all you kids have loads of fun connecting with the outdoors!

**Forest Management:** As many of you may know, the Robert Friend Low Park was harvested this summer, primarily due to the overgrowth of bull pines and other low quality trees (chips, firewood, and pulp). They were harvested, leaving the high-grade trees, and the proceeds went into the Town general fund. The goal of this harvest was to allow the regeneration of better wood and improve wildlife habitat. Our plan for next summer is to delineate a trail and maintain it while the new growth fills in the rest of the land.

*Submitted by Sandy Goodspeed*

## UNH Professional Development & Training Launches Inaugural Craft Brew Conference

UNH Professional Development & Training is hosting the inaugural New Hampshire Craft Brew Conference, a collaboration between the University of New Hampshire and the Granite State Brewers Association, on **Friday, November 10<sup>th</sup>** in Durham. The NH Craft Brew Conference (NHCBC) features 16 different track sessions focusing on the business and technical aspects of brewing, a vendor showcase, and an industry career fair. Industry expert Mitch Steele is the keynote speaker.

Steele is brewmaster, COO and co-founder of New Realm Brewing Co. in Atlanta, Ga. He has over 30 years of brewing experience. Steele is the author of the book *IPA: Brewing Techniques, Recipes and the Evolution of India Pale Ale*. The Brewers Association awarded Steele the prestigious Russell Scherer Award for innovation in craft brewing in 2014.

The NHCBC is ideal for brewing professionals, hobbyists, and brewing entrepreneurs, with special conference topics including sourcing grains/hops, distribution, quality control, licensing/permits, trademarks, integrated marketing, taproom management and many other key aspects of craft brewery startup, sustainability and management.

Tickets for the conference are \$150, with option to attend the Brewers Banquet for an additional \$65. Tickets include breakfast, lunch, several tastings (21+), refreshments throughout the day, and a "Hoppy Hour" to close the event.

To learn more about the New Hampshire Craft Brewing Conference or for more information; <http://training.unh.edu/brewing>.

UNH Professional Development & Training (PD&T) is dedicated to enhancing the professional knowledge and skills of individuals and organizations in New Hampshire and surrounding communities. PD&T offers a variety of learning experiences, including over 250 noncredit workshops, conferences, boot camps, certificate programs, customized corporate trainings and online courses. For all PD&T offerings, go to <http://training.unh.edu>.

## The Civil War Roundtable of NH



*NH graves at Soldiers' Cemetery in Gettysburg  
(Photo by Bill Hallett)*

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the



only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: [www.cwrt-nh.org](http://www.cwrt-nh.org) or email [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

**This is the upcoming CWRT-NH schedule:**

**Note:** The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

**November 10, 2017** – Eileen Foley Bennis (CWRT-NH member) – "Female Nurses of the Civil War and How That Led to the Founding of the American Red Cross"

**December 2017** – No meeting

**January 19, 2018** – Mike Schroeder (pres. CWRTNH) - "Union Combined Operations: Freeing the Upper Mississippi - 1862."

**February 16, 2018** – William Quigley "Pure Heart" (book)

## Lamprey Rivers Advisory Committee Nature Isn't Rocket Science

In the coming weeks, as the holidays approach and hype threatens to overwhelm a sense of normalcy, remember that a soothing, calm presence is just outside your door. The pesky insects and humidity of summer will be history. The cold and dark of winter will not have arrived in full force. The time is perfect to get out and enjoy some peace and quiet. If you're not already an outdoorsy type, this is for you especially....



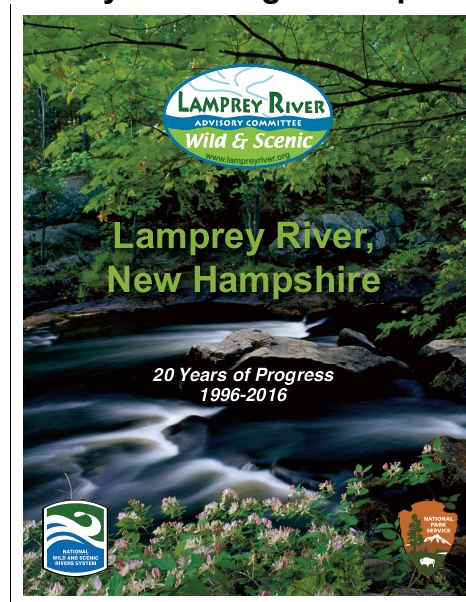
Photo by Jerry Monkman

Embrace the transitional time when nature ends a season of growth and enters a season of rest. Even if it's simply a walk around the neighborhood, put on your coat and connect with the outside world. Embrace the chill of the air and the warmth of the sun on your face. Enjoy skies that range from muted pastels to vivid blue. Listen to the crunching of dried leaves underfoot and the chattering of birds overhead. Close your eyes, take a deep breath, focus on the smell the aroma of autumn leaves, and then let it all go. Repeat as often as desired.

Your quality outside time doesn't need to be long or technical. Leave the technology behind. Your smart phone can't capture an aroma or a subtle sound and everyone can afford to have a few minutes of peace; just feel the moment and save it to your personal internal file. If you head to the woods or water, be sure to wear flame orange and follow normal safety rules.

Have a peaceful late fall and pre-winter and find time to appreciate the people and places you love.

## Twenty Year Progress Report



The Lamprey Rivers Advisory Committee is pleased to announce that it has recently published its *Twenty Years of Progress* report. The document traces the history of local, citizen-led protection of the Lamprey River from the humble beginnings of the Lamprey River Watershed Association to state and federal Wild and Scenic River designation and then the formation of the Lamprey Rivers Advisory Committee. The report highlights key achievements and future goals in line with the *Lamprey Rivers*

*Management Plan* with personal stories by the people who have made significant contributions.

The report was funded through a grant from the National Park Service as part of celebrations in 2018 for the upcoming 50<sup>th</sup> anniversary of the Wild and Scenic Rivers Act. Copies will be available at all public libraries and provided to all planning boards, conservation commissions, and town councils/select boards in the Lamprey River watershed. The report is also available at <http://www.lampreyriver.org/about-us-lrac-twenty-years-of-progress>. We hope that local people will share in our pride of what has been accomplished and will feel empowered to play a role in keeping the Lamprey River as an outstandingly remarkable resource for the people of New Hampshire and the United States.



*Helping communities protect the  
Lamprey River.  
Submitted by Suzanne Petersen*



## Epping Garden Club

We had a wonderful Fall Plant Fundraiser in conjunction with our first town-wide Scarecrow Event! Thanks to all of you who bought plants and kits and wow - what you did with them was amazing! There were so many smiles and so much laughter and cars slowing down - yes really, just to take a look at them. Our Library thanks you, as do the volunteers who worked so hard putting it all together. Winners will be announced on Halloween.

As we have for five years, we will again be offering gorgeous NH-grown poinsettias of red, pink and cream for the holidays. We offer delivery to our local businesses and for large orders. Churches in Epping, please call in your orders and I will get them to you in time for Advent. Restaurants, the same deal, we will deliver them right to you. All residents will be asked to pick them up on December (2-3) or (9-10), depending on the grower. We have brought so many wonderful plants to town from our growers up at Wentworth Greenhouse. It is just October, but 900 Degrees and Popovers have already asked. They always order through us as they know a great deal when they see one. Prices we charge for the quality you receive is like

none other, so give us a try this year for your holiday color.

We will also be offering beautiful wreaths that we'll be bringing right here to Epping from the north. They are thick and full and heavy and of the very best quality. Get one with a bow or decorate your wreath with a fancy one of your own!

**Prices for the poinsettias:** 6 inch = \$10.00;  
8 inch = \$20.00; 10 inch = \$28.00

**Prices for wreaths:** With a bow = \$13; without a bow = \$10.00

Joyce will have order forms at the Town Hall or call me at 300-0064. The deadline for orders is **November 25<sup>th</sup>**. I will be at the EHS Athletic Boosters Craft Fair at the school with a beauty for the raffle and will also be taking paid orders, so please get yours in early if you can. Let's fill a truck!

Please follow the Garden Club Facebook Page for upcoming sales and events. The Garden Club will be meeting **Sunday, November 12<sup>th</sup>** and may go for breakfast. If you are interested in joining, please call me at 300-0064 or email us at [eppinggardenclub@gmail.com](mailto:eppinggardenclub@gmail.com).

Happy Halloween!

*Submitted by Eunice Miller*



## Ledd Center

Elaine and Bruce Gatchell, who founded Ledd Center for the Performing Arts 43 years ago, have announced that they will retire at the end of this year.

It has been so wonderful to have the Ledd Center and the very special talents of Elaine and Bruce here in Epping for these 43 years. Losing the Ledd Center will leave a huge hole in Epping and we will greatly miss it and all the Gatchells have done to make it so special.

Ledd Center will present its final musical, Roald Dahl's family musical "Willy Wonka and the Chocolate Factory" from **October 20<sup>th</sup> through November 5<sup>th</sup>**. The final production at the Ledd Center will be everyone's favorite Christmas classic, Charles Dickens' "A Christmas Carol," on stage from **December 1<sup>st</sup> through 10<sup>th</sup>**.

Although "A Christmas Carol" will be Ledd's final main stage show, Ledd Center School will continue to offer musical theater classes and private lessons in guitar, voice, and piano through April of 2018.



Individual tickets are \$20 and are available online at [www.leddycenter.org](http://www.leddycenter.org) or by calling the Leddy box office at 679-2781, Monday through Friday, from 3:00 to 5:00 pm. Call the box office for information on our group rates. Leddy Center is located on Ladd's Lane, off Route 27, in Epping, NH, is air conditioned for your comfort and is fully accessible.



## ETV Schedule

### Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday, Nov. 6, 20;

Dec. 4, 18 - 7 pm

Water & Sewer – Tuesday, Nov. 7; Dec. 5 - 7 pm

Library – Tuesday, Nov. 21; Dec. 19 - 7 pm

Conservation Commission – Tuesday, Nov. 14;

Dec. 12 - 7 pm

Parks & Recreation – Wednesday, Nov. 1 - 7 pm

No Dec. meeting

Budget Committee – Wednesday, Nov. 15; Dec. 20  
- 7 pm

School Committee – Thursday, Nov. 2, 16; Dec. 7, 21  
- 7 pm

Planning Board – Thursday, Nov. 9; Dec. 14  
- 6 pm

Civil War Round Table – Friday, Nov. 17 - 7:15 pm  
No Dec. meeting

#### Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

#### Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

#### Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

#### Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: [http://etv22.pegcentral.com/live/live\\_etv22.html](http://etv22.pegcentral.com/live/live_etv22.html).

The new ETV email is [eppingtv22@gmail.com](mailto:eppingtv22@gmail.com)

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).



## Scouting Around Epping

### Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at [cubmaster@pack136epping.org](mailto:cubmaster@pack136epping.org).

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

### Boy Scout Troop 136

The Boys Scouts of Epping Troop 136 have been busy. After their Court of Honor and earning their Merit Badges and Scout Ranks they traveled to Strafford, New Hampshire's National Guard to attend the 75<sup>th</sup> Order of the Arrow's Sash and Bash on October 6<sup>th</sup> – 8<sup>th</sup>. What an exciting event. The many activities included Magic the Gathering Cards, Root Beer & Ice Cream Float Party, Virtual Firing Range and more. It was a fun-filled event.

Coming up, the Troop will be camping in Massachusetts **November 17-19** and taking a five-mile hike through the Freedom Trail, America's past, in downtown Boston. The trip begins at the Boston Commons visitor booth and ends at the U.S.S. Constitution in Charlestown. All BSA adults and youth can qualify for the Freedom Trail Awards. Very exciting adventures coming their way.

November is the start of their Scouting for Food Drive. The Cub Scouts and Boy Scouts will be taking part in the Scouting for Food drive. This benefit with the Boy Scouts of Epping and local areas can help more than 150 pantries, kitchens and closets throughout New Hampshire. The drop off for door tags reminders of the pick up date will be dropped off on selected streets of Epping beginning on Saturday October 28<sup>th</sup>, the pick-up of the food will be in the early morning of **Saturday November 4<sup>th</sup>**. We are looking forward to your support.

*Submitted by Jennifer Sullivan*



## **Epping Fire Department**

### **Daylight Savings Time ends November 5<sup>th</sup>.**

Turn your clocks back. "Fall Back!" Please be sure to check the batteries in your smoke and carbon monoxide detectors. If you need help, call the Fire Department and we will give you assistance. Smoke Detectors Save Lives! Carbon Monoxide Detectors do, too!

### **Annual Stuff the Bus Toy Drive**

The annual Fireman's Association Stuff the Bus with Christmas Presents Drive will be held from 9:00 am to 5:00 pm on **November 25<sup>th</sup> and 26<sup>th</sup>** at Walmart. Please make Christmas special for families in need in Epping and Brentwood. This program has helped hundreds of families in past years. Fire Department members will be present at Walmart in Epping, accepting monetary donations or new, unwrapped toys.

On **Sunday December 17<sup>th</sup>**, Santa Claus will be escorted around Epping leaving the Safety Complex at 3:00 pm. Santa is going to take time out from getting toys ready for Christmas and is going to come to Epping on a fire truck. Listen for the sirens! When you hear the sirens, you'll know that Santa is coming to your neighborhood! Routes and times are listed on the Town Hall website!

The Epping Fire Department has a certified car seat inspector on staff. However, due to a rotating

schedule, please call and schedule an appointment at 679-5446.

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station seven days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the fire department at 679-5446

For Daily Fire Danger and an explanation of the different danger levels, follow the link <http://www.nhdf.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>.

## **Epping Explorer Posts**

### **Fire Department Explorer Post 716**

The Explorers annual Blood Drive will be on **Saturday, November 18<sup>th</sup>** at the Safety Complex from 10 am to 3 pm. You can sign up ahead of time on the Red Cross website. The American Red Cross encourages appointments that can be made by going to [redcrossblood.org](http://redcrossblood.org) or by calling them at 1-800-RED-CROSS (1-800-733-2767).

To young people 14 years old to 20 years old: Are you looking for a career? Look no further. Your Epping Firefighter's Association sponsors an Explorer post. The Explorer Post is always looking for new members.

What opportunities are in the Fire and Rescue service? At the beginning, learn what the fire and emergency medical service does. We teach new explorers CPR, how to use the self-contained breathing apparatus (SCBA), what the various tools on the fire trucks are used for and much more. Jobs that could be in your future are Fire Investigator, Arson Investigator, Fire Marshal and Forest Fire Warden. Many of our Explorers continue their education at Laconia Community College, nursing schools, also 4-year courses in college. The Explorer post also elects its officers to run the post. The adults are advisors and training instructors. If this is a field you want to pursue or for more information, call Firefighter Tim Labonte or Captain Cliff Cray at 679 5446 or 396-9436.

### **Epping NH Police Explorers**

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and

patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

## American Legion News

### Children's Christmas Party in Epping

The Ladies Auxiliary of the American Legion Post 51 in Epping is hosting a Children's Christmas Party on **Saturday, December 16<sup>th</sup>**, from 1:00 to 3:00 pm. It is open to Epping children and the children/grandchildren of the Members of Post 51. The eligible ages are birth to ten years old. We hear that Santa will be making a special visit! To make sure that Santa has a gift for all the kids, *please make sure all eligible children are signed up before the deadline date of December 10<sup>th</sup>. Prior sign up is required. No calls after that date will be accepted.* Please call Linda at 944-5429 or Janet at 944-3288 and let us know your name, your children's ages, and boy or girl. Again, the deadline date for signing up is **Sunday, December 10<sup>th</sup>**. We will have some crafts to do while we wait for Santa to arrive and there will be light snacks, juice and water. It will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant).

### Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday November 12<sup>th</sup>** and **Sunday, December 10<sup>th</sup>** - eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free - worth every penny!

## Epping Community Church

We would like to extend a heartfelt thank you to the McPhee and Weaver families and their crew for putting on our October dinner. We served over 110 people at the fish fry. They did a fantastic job and everyone left happy and full!! Great job to all!!

We will be very busy for the next couple of months at the church. On **November 10<sup>th</sup>** the

ladies of the church will be going on an excursion to L.L. Bean and then have lunch somewhere! Our last trip to King Arthur Flour in VT was fabulous. We'll all carpool so if you want to come and not have to drive...we can make it work!

Our 3<sup>rd</sup> Saturday dinner will be on **November 18<sup>th</sup>** from 5:00-6:30 pm. This will be a turkey dinner with all the fixings including various homemade pies for dessert. The dinner is \$8.00 for adults and \$4.00 for children. Thank you for all of your support and we hope to see you there!

We have once again been asked to join in the Thanksgiving Eve service at the Danville Union Church. Our bell choir will be part of the service. It is at 7:00 pm on **Wednesday November 22<sup>nd</sup>**. This is a beautiful, historical church and all are invited.

We will be providing a **free Thanksgiving Day dinner** at the church from 11:00 am to 1:00 pm. The meal is served family style and everyone is invited to come. Kevin Murphy heads up this fabulous meal with lots of volunteers. We also can deliver a meal to anyone in need - just call the church at 679-5542 and make a request. If you would like to come and get a meal to take home we can do that, too!

In December we will have our Christmas Eve candlelight service at 7:00 pm. This is a beautiful service upstairs in our sanctuary. We are handicapped accessible by the side entrance and the elevator is located to the left when you enter. We would love to see you all.

Our food pantry is open on Saturday from 8-10 am. Entry is through the side door off the driveway. We also continue to have our Soup of the Day Café every Thursday from 11-12:30. This is a free lunch open to all in the community. We offer two different kinds of soup, salad and dessert every week. We are just beginning our 9<sup>th</sup> year at the Soup Café and we love seeing old and new friends. You can even get soup to go! We have gently used warm winter outerwear available for anyone in need. These are available on Thursday or Saturday.

Our Search Committee worked diligently to search for a new pastor to lead our church. We are happy to announce that Paul Leonard and his wife Ruthanne will be joining us on October 29<sup>th</sup>. We will have an ordination service that will be followed by a potluck brunch on that day. We are very excited that our congregation had a unanimous vote to accept the Search Committee's recommendation. We welcome the Leonards from San Diego, CA as they settle in. Please pray for a mild New



Hampshire winter as they ease into our changing seasons.

## **St. Joseph Catholic Church**

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

### **Mass schedule weekdays:**

**Mon.** 8:00 am **Tues, Thurs, Fri.** 7:30 am

**Wed.** 7:00 pm

### **Mass schedule weekends:**

**Saturday** 4:00 pm

**Sunday** 8:00 am, 10:30 am and 6:00 pm

### **November**

**Mondays** – Adoration – Noon to 9:00 pm

**Fridays** – 8 am-7 pm

**November 3<sup>rd</sup>** – First Friday Adoration – 8:00 am-midnight

**November 4<sup>th</sup>** – First Saturday Adoration – midnight to 7:45 am

**November 4<sup>th</sup>** – End of Life issues – 8:30 am

**November 24<sup>th</sup>** – Thanksgiving Mass – 9 am

**Youth Group** – Fridays at 7 pm

**Scripture Study** – Mondays at 6 pm

### **December**

**Mondays** – Adoration – Noon to 9:00 pm

**Fridays** – 8 am-7 pm

**December 1<sup>st</sup>** – First Friday Adoration – 8:00 am-midnight

**December 2<sup>nd</sup>** – First Saturday Adoration – Midnight to 7:45 am

**December 9<sup>th</sup>** – Choir Cantata

**December 24<sup>th</sup>** – Christmas Eve Mass – 4 pm, 7 pm, 10 pm

**December 25<sup>th</sup>** – Christmas Day Mass – 10 am

**Youth Group** – Fridays at 7 pm

**Scripture Study** – Mondays at 6 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information.

## **Epping Bible Church**

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible

Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Their Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults. A free nursery for children – infants through four years – is provided during the morning and evening services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time. The Awana program for children age 3 through sixth grade will start for a new year in September! The weekly Friday night meetings help children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at [awana@eppingbible.org](mailto:awana@eppingbible.org).

If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at [PastorRon@EppingBible.org](mailto:PastorRon@EppingBible.org). Visit their website at [www.eppingbible.org](http://www.eppingbible.org).

## **Providence Baptist Church**

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

Weekly Schedule

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you)

Wednesday Time of Devotion and Prayer begins at 6:30 pm

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at [www.pbcnh.org](http://www.pbcnh.org) or contact us at [pbsecretary410@gmail.com](mailto:pbsecretary410@gmail.com).

## **West Epping Quaker Meeting House**

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18<sup>th</sup> century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



## Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

[harvmitch@gmail.com](mailto:harvmitch@gmail.com)

[www.eppinglibrary.com](http://www.eppinglibrary.com)

Youth Dept. e-mail: [hmmlyouth@gmail.com](mailto:hmmlyouth@gmail.com)

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

**Hours: Monday, Friday – 10 - 5**

**Tuesday, Wednesday, Thursday – 10 - 8**

**Saturday – 10 - 2**

**Sunday – 12 noon - 4**

**Closed: November 11<sup>th</sup> – Veterans' Day**

**November 23<sup>rd</sup>, 24<sup>th</sup> – Thanksgiving**

**December 24<sup>th</sup>, 25<sup>th</sup> – Christmas**

Open later December 23<sup>rd</sup> 10 am-4 pm

## Upcoming Events at the Library

**November 14, 21, 28, December 5, 12:**

**Children's Yoga – 4 pm**

Bring the little ones to our popular yoga series, taught by Kripalu Yoga Teacher, Leah Pacione! Mats are provided, or you're welcome to bring your own.

**November 3: Movie Night- *Spider-Man:***

***Homecoming* - 6:30 pm**

Catch the new Spider-Man movie at our free showing! "Peter Parker balances his life as an ordinary high school student in Queens with his superhero alter-ego Spider-Man, and finds himself on the trail of a new menace prowling the skies of New York City." Rated PG-13.

**November 4: Paws to Read – 10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon in order to build confidence and have fun reading in the company of a black lab therapy dog that doesn't judge. Registration in advance is recommended.

**November 7: Josh Judge Book Reading – 7 pm**

Written by meteorologist Josh Judge from WMUR, *Be Nice to the Weather Guy* is a new humorous picture book that re-imagines the classic

poem "Twas the Night Before Christmas" and throws in some Dr. Seuss for good measure! Of *course* the weather plays a central role in all the fun. Join us for a special reading by the author and a chance to meet (and be nice to) the weather guy!

**November 10: SPCA Story Time – 11:15 am**

The SPCA is making a visit to the library for a special story time, featuring several animal friends--come see what cute creatures they bring this time! We ask that children and adults bring something to donate to the SPCA, such as a can of cat or dog food, dry food, etc.

**November 14: Dusty Olde Mystery Book Group Movie Night**

The Dusty Olde Mystery Book Group will be going to see *Murder on the Orient Express* for their first movie night on Tuesday, **November 14<sup>th</sup>**! They're planning on a show time around **7:00 pm**. After the movie, anyone interested can join them back at the library to discuss the book and enjoy some tea and crumpets.

**November 17: Skywatch: Leonid Meteor Shower – 7 pm**

Come see the Leonid Meteor shower at its peak during this special community Skywatch! Occurring annually, this particular shower will have great visibility because interfering light from the moon will be limited. The New Hampshire Astronomical Society will generously bring equipment for us to use to take a closer look. A short presentation, "What's Up in Tonight's Sky" will take place at 7 pm, then we'll head outside to see for ourselves! For more information on the meteor shower, visit: <https://www.space.com/34500-leonid-meteor-shower-guide.html>. For more information on NHAS skywatches, visit: <http://nhastro.com/skywatch.php>.

**November 21: Classic Book Group – 7 pm**

Join in the newest book group at HMML! We'll kick off the classics with Robert Louis Stevenson's *Strange Case of Dr. Jekyll and Mr Hyde*. Copies are available at the library.

**December 1: Holiday Party - Musical Storytelling with Odds Bodkin – 6 pm**

Join us for an evening of music, stories and refreshments to celebrate the holiday season, for all ages. Odds Bodkin performs his compelling Holiday Tales from Around the World with vivid

character voices, sound effects and original live music on 12-string guitars and Celtic harp. *The Winter Cherries*, an Arthurian legend, tells the tale of an old knight who journeys to the King's castle with a rare gift that grows in the depths of winter. *The Generous Man* is a compassionate Chanukkah tale that explores the true meaning of generosity. *The Christmas Cobwebs*, an endearing German folktale filled with upbeat music and a catchy sing-along song, tells how a family's loss of all their possessions brings forth a miracle. Enjoy this fantastic journey into the realm of pure imagination entertainment!

#### **December 9: Paws to Read –10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon in order to build confidence and have fun reading in the company of a black lab therapy dog that doesn't judge. Registration in advance is recommended.

#### **December 19: Dusty Olde Mystery Book Group Cookie Exchange - 7pm**

The Dusty Olde Mystery Book Group will be holding their annual cookie exchange at the library. If you plan on attending, please let the library know so that everyone bakes enough cookies.

## **Epping Parks & Recreation**

### **Department News**

*Home of the "River Otters"*

Director: Nicole Bizzaro

Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

[eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com)

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department via e-mail at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or visit our website at [www.EppingRecreation.org](http://www.EppingRecreation.org).

Please check out our website and our Facebook page for announcements and program updates.

## **Preschool Programs**

### **Story Discoveries**

Literacy based interactive programs for children ages 2-5 with an accompanying adult. Join us for songs, stories and hands-on activities at 10:00 am on Tuesdays. Starting with songs and finger plays to help participants feel comfortable and included, Miss Tracie will read two picture books which introduce the children to a topic that is relevant to their experience in the world. Following the stories will be a fun project using a variety of art media, giving the child something to take home that will hopefully inspire further investigation and more discussion of the topic. These projects can be messy, so although aprons will be available, washable play clothes are recommended. There will also be age appropriate puzzles for the preschoolers to explore as they complete their project.

"Miss Tracie" Wilkins has over 25 years of experience as an early childhood educator, having worked in preschool, kindergarten, children's museum and public library settings.

Where: Watson Academy (17 Academy St. - Recreation Center)

Ages: 2-5

Day: Tuesdays (ongoing)

Time: 10 - 11 am

Cost: \$30 for 6 classes or \$6 drop in per week

Where: Watson Academy (17 Academy St. - Recreation Center)

How To Register: Please drop in for class or mail in a Registration form to address include on form.

### **Sports Programs**

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at [www.eyaa.org](http://www.eyaa.org) for sports programs offered in Epping.

## **Youth Programs**

### **Before & After School Program**

#### **Fall Registration is OPEN for the Before & After School Program:**

The Fall 2017 Before & After School Program Registration was available starting June 1, 2017.

To register, please download Registration Form and Participation Forms from left side of the Parks and Recreation website and mail. Space is limited and If we need to start a wait list,



parents will be notified! Please email our Recreation Director, Nicole for further information. at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-7. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program gathers at the EES Library, then heads outside to the EES playgrounds during good weather days or walks down to Watson Academy for snack and homework time from 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until **5:45 pm**. Children are grouped by grades: K-1, 2-3 and 4-7. This may vary slightly depending on space and child needs in each of the groups.

Grades K-7

6:45–8:35 am—Before School Program at Epping Elementary School Gym

3:15 – 5:45 pm – After School Program meets in EES Library, goes to Playground and Watson Academy, with use of the EES Gym on scheduled days.

Call Nicole for more information at 608-9487.

## **Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)**

### **Karate Classes**

Mondays and Thursdays (EMS Gym) 3:10 –

4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or email her at [eppingata@gmail.com](mailto:eppingata@gmail.com).

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

## **Youth Ceramics Class**

Day: Thursdays

Time: 4:30-5:30 pm

Cost: \$2 a class for ceramic pieces

## **8<sup>th</sup> – 12<sup>th</sup> Grade CIT program**

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

## **Adult Programs**

**Please check our Facebook page for updates, including cancellations on all programs.**

## **Adult Basketball**

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$30 for 10 nights – Please make check out to the “Town of Epping.” If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

We will also notify you via email of any program changes, so please provide a current email address.

### Adult Ceramics Class

Day: Thursdays

Time: 9-11 am

Cost: \$2 for ceramic piece

Location: Watson Academy (Upstairs Blue classroom)

To Register, contact the Epping Recreation Dept at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or stop by the program to speak with Barbara Young.

### The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers

- Running a children's after-school program

- Giving financially to families who are in need

- Providing free family counseling

- Organizing various programs for teenagers to service others

### Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

### Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at [www.eppinglighthouse.org](http://www.eppinglighthouse.org) or you can e-mail us at [eppinglighthouse@hotmail.com](mailto:eppinglighthouse@hotmail.com) to request a form.

# Families First

*support for families...health care for all*

**Epping Family Morning Out:** *Fridays - 9:30-11 am.* For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

**Exeter Family Morning Out** *Thursdays - 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare;** please go to [FamiliesFirstSeacoast.org](http://FamiliesFirstSeacoast.org) and click on the Register for Family Programs button, or call 422-8208 x2.



## School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at [www.sau14.org](http://www.sau14.org) under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: <http://etv.22.pegcentral.com>.

**November 2<sup>nd</sup> and 16<sup>th</sup>  
December 7<sup>th</sup> and 21<sup>st</sup>**

## Epping Elementary School (EES)

### EES School Calendar

#### NOVEMBER

**Nov. 6** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**Nov. 6,8,9** – Veterans' Friendly Lunch Days

**Nov. 6-21** – Student Council Food Drive

**Nov. 7 –NO SCHOOL-Professional Development**

#### Day and Parent Conferences

**Nov. 8** – Eagle Day-Veterans' Day Assembly  
– 1:35 pm

**Nov. 10 – NO SCHOOL – VETERANS' DAY**

**Nov. 22-24 – NO SCHOOL – THANKSGIVING  
RECESS**

#### DECEMBER

**Dec. 4** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**Dec. 7** – Family Craft Night in multipurpose room  
– 6:00-7:30 pm

**Dec. 12** – Winter Concert for Grades 1, 2 and 3  
in EMS Gym – 6:30 pm

**Dec. 13** – Winter Concert for Grades 4, 5 Band and  
Chorus in EMS Gym – 6:30 pm

**Dec. 19** – Chorus performing at Rockingham  
Nursing Home after school

**Dec. 25-29 – NO SCHOOL – HOLIDAY RECESS**

**EES Elections were held and the following students elected:**

#### National Elementary Honor Society

President Landon Toomire

Vice President Mikayla Pickard

Secretary Garrett Follansbee  
Treasurer Jordyn Lee

#### Student Council

President Nev Haugh  
Vice President Lily Yergeau  
Secretary Hailly Demers  
Treasurer Nathan Gallant

## An Invitation to Epping's Veterans From Epping Elementary School Lunch with a Veteran Program

Choose one day:

Monday, November 6<sup>th</sup>

Wednesday, November 8<sup>th</sup>

Thursday, November 9<sup>th</sup>

Epping Elementary School would like to say "Thank you!" to veterans by inviting you to a free lunch at our school during Veterans Day week. This is a very informal event with veterans seated at the tables with students. Any veteran who attends will be recognized and introduced to all the students and thanked for his or her service.

Lunch times are:

11:20 to 11:45 for grades 4 & 5

11:50 to 12:15 for grades 2 & 3

12:20 to 12:45 for kindergarten

12:25 to 12:50 for grade 1

You don't have to have children, grandchildren or other relatives currently attending Epping Elementary School. If you are a veteran, you are invited.

**If you plan to attend, please call the school at 679-8018 or send in a note with a student relative or by mail, telling us what lunch you plan to attend.** Please note that school is closed on November 10<sup>th</sup>.

Thank you for your service to our country.

Justin Benna  
Principal

## Epping Middle School (EMS)

The staff and students at the Middle School have been busy! As we move from the end of summer to fall, we are learning our students' names and understanding new routines and procedures with a new grade level team of teachers. Middle school activities are in gear. Here is a snapshot of what we have been up to.

Penny Wars was a resounding success! Grade 6 was our winner! Our PRIDE Assembly on October 7<sup>th</sup> was a celebration of effort and healthy





## Epping Calendar of Events for November 2017

November 1	Contemporary Book Club at Library – 7 pm
November 1	Providence Baptist Church Food Pantry – 10 am
November 2	EES PTO meeting – 7 pm
November 2	Epping School Board meeting in Epping Town Hall – 7 pm
November 3	Movie night at the Library – “Spider-Man: Homecoming” – 6:30 pm
November 4	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 4	Paws to Read at the Library – 10:30 am-12:30 pm
November 4	Scouting For Food pickup of food
<b>November 5</b>	<b>DAYLIGHT SAVINGS ENDS – Turn clocks back</b>
Oct20-November 5	“Willy Wonka and the Chocolate Factory” at the Leddy Center
November 6,8,9	Veterans Friendly Lunch Days
November 6-21	Student Council Food Drive
<b>November 7</b>	<b>NO SCHOOL – Teachers Professional Development Day/Parent conferences</b>
November 7	Josh Judge Book Reading at the Library “Be Nice to the Weather Guy” – 7 pm
November 8	Providence Baptist Church Food Pantry – 10 am
November 8	EES Eagle Day- Veterans Day Assembly – 1:35 pm
November 9	EMS Veterans’ Day Honor Ceremony
November 9	Epping Watson Academy Seniors – 1 pm
November 10	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
November 10	Epping Community Church Women’s excursion to L.L. Bean
November 10	Library SPCA Story Time – 11:15 am
November 10	NH Craft Brew Conference in Durham
<b>November 10</b>	<b>NO SCHOOL Town Hall closed for Veterans Day</b>
<b>November 11</b>	<b>Library closed for Veterans Day</b>
November 11	Epping Community Church Food Pantry and Coats of Caring– 8:00-10:00 am
November 12	Epping Garden Club meeting
November 12	American Legion Post 51 Sunday Breakfast Buffet – 8:00-11:00 am
November 14	Dusty Old Mystery Book Group Movie Night at the Library – 7 pm
Nov, 14, 21, 28	Children’s Yoga at the Library – 4 pm
November 15	Providence Baptist Church Food Pantry – 10 am
November 16	Epping School Board meeting in Epping Town Hall – 7 pm
November 17-19	Boy Scout camping in Massachusetts
November 17	Skywatch: Leonid Meteor Shower at the Library – 7 pm
November 18	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 18	Epping Community Church Dinner “Roast Turkey Dinner ” – 5:00-6:30 pm
November 18	Fire Explorers Blood Drive at Safety Complex – 10 am-3 pm
November 21	EHS Craft Fair in EMS Gym – 10 am-3 pm
November 21	Library Board of Trustees Meeting – 7 pm
November 21	New Classic Book Group at the Library – 7 pm
November 22	Providence Baptist Church Food Pantry – 10 am
November 23	Free Thanksgiving Turkey Dinner at Epping Community Church – 11:00 am-1:00 pm
<b>November 22-24</b>	<b>NO SCHOOL - THANKSGIVING RECESS</b>
<b>November 23, 24</b>	<b>Town Hall and Library closed for THANKSGIVING</b>

November 25, 26	Fire Dept. Stuff the Bus with Toys at Walmart – 9 am-5 pm
November 25	Deadline to order poinsettias and wreaths from Epping Garden Club
November 25	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 28	Epping Lions Club meeting at the Library – 6:30 pm
November 29	Providence Baptist Church Food Pantry – 10 am



## Epping Calendar of Events for December 2017

Date	Event
December 1	Holiday Party at Library – Musical Storytelling with Odds Bodkin – 6 pm
December 1 - 10	“A Christmas Carol” at the Leddy Center
December 2	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 3	Town Tree Lighting Ceremony and Holiday Party at Town Hall – 3:30-5:00 pm
December 4	EES PTO meeting – 7 pm
December 5, 12	Children’s Yoga at the Library – 4 pm
December 6	Providence Baptist Church Food Pantry – 10 am
December 7	Epping School Board meeting in Epping Town Hall – 7:00 pm
December 7	EES Family Craft Night in the multi-purpose room – 6:00-7:30 pm
<b>December 8</b>	<b>TOWN HALL CLOSED – all departments closed</b>
December 9	Epping Community Church Food Pantry and Coats of Caring– 8-10 am
December 9	Paws to Read at the Library – 10:30 am-12:30 pm
December 9	Choir Cantata at St. Joseph
December 10	American Legion Post 51 Sunday breakfast – 8:00-11:00 am
December 10	Deadline to sign up children for Legion Children’s Christmas Party
December 12	EES Winter Concert for Grades 1, 2 and 3 in EMS Gym at 6:30 pm
December 13	EES Winter Concert for Grades 4 and 5, Band and Chorus in EMS Gym at 6:30 pm
December 13	Providence Baptist Church Food Pantry – 10 am
December 14	Epping Watson Academy Seniors – 1 pm
December 16	Children’s Christmas Party at American Legion – 1-3 pm
December 16	Epping Community Church Food Pantry and Coats of Caring– 8-10 am
December 17	Santa on the Fire Truck starts at 3 pm
December 19	EES Chorus performing at Rockingham County Nursing Home after school
December 19	Library Board of Trustees Meeting – 7 pm
December 19	Dusty Old Mystery Book Group Cookie Exchange at the Library – 7 pm
December 20	Providence Baptist Church Food Pantry – 10 am
December 21	Epping School Board meeting in Epping Town Hall – 7 pm
<b>December 21</b>	<b>DEADLINE DATE for the January-February issue of the Newsletter</b>
December 23	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 24	Transfer Station closes early – open 9:00 am-1:00 pm
<b>December 25</b>	<b>CHRISTMAS – Town Hall closed</b>
<b>December 24, 25</b>	<b>CHRISTMAS – Library closed</b>
<b>December 25-29</b>	<b>NO SCHOOL – HOLIDAY RECESS</b>
December 27	Providence Baptist Church Food Pantry – 10 am
December 30	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 31	Transfer Station closes early – open 9:00 am-1:00 pm
<b>January 1</b>	<b>NEW YEAR’S DAY – Town Hall and Library closed</b>

If you would like your next event to appear on the Calendar of Events, please send an email to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **December 21, 2017**. Please include the date, event name, location and time.